



POCKET BOOK

OF

CHANGE



eve veir

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THIS POCKETBOOK OF CHANGE...

is a result of my family and friends' request for specific lines of development toward CHANGE and fulfillment in life.

Through the years of study, experimentation and research in this subject of mind and its apparent laws, I have, as have others, discovered subtle but clear lines of process by which one may find peace of mind, fulfillment and progression during this earth lifetime.

I attribute my awareness of these precise 'conditions' to a wise and patient Teacher, a husband's faith, and our children's acknowledgment of these thoughts, with respect.

I have seen the positive CHANGES brought about in friend's lives through their willingness to put these conditions into effect.

Though the process herein sounds simple by word, it is not.

It requires:

Faith of Purpose

Concentration of Thought

Nourishment of an Ideal

It also requires wanting
CHANGE and Growth enough that one
will devote time and belief to
its purpose.

With such devotion, one may
work with the 'conditions' to
fulfillment.

May it bring the richness of
life to you, as it has for me.

Eve Weir

IT IS ESSENTIAL THAT ONE
UNDERSTANDS ALL SITUATIONS
AND CONDITIONS OF LIFE ARE
MAN-MADE.

All things which you imagine
in your mind's eye and which you
nurture with attention and emotion
will, without fail, come into
being for you.

You walk into the images you
photograph for yourself.

This process of life is
Impersonal. This does not mean
indifferent.

Like electricity, this force
can be used for good or ill.

Like electricity this force
can be used or abused.

ALL LIFE SITUATIONS
ARE MAN-MADE...

LIFE FORCE IS AT YOUR
COMMAND CONSTANTLY,

The mind interacts with it.

This force is entering the
brain every moment of your life.

According to the thought-
pattern generated each moment,
that electrical current or force
becomes a thought-form.

A thought form is as real
in the world of unseen forces as
cement is in the world of material
reality.

THIS LIFE FORCE IS AT
YOUR COMMAND CONSTANTLY...

THOUGHT IS LAW,

Thought is one of the basic laws of life.

Life patterns reflect our thought patterns.

We think, therefore we are.

We are what we believe ourselves to be.

What we believe, HAPPENS, when it is believed with conviction.

We are never one moment without thought. Even during sleep, our subconscious thoughts are at work and active.

We must be certain to choose our own thoughts.

Otherwise we are influenced by the thoughts of others.

THOUGHT IS LAW...

HOW WE THINK DETERMINES
OUR LIFE-STYLE, OUR CONDITIONS,
OUR SELF IDENTITY,

If we wish to effect CHANGE in our lives, we must first CHANGE our modes of thought.

One cannot retain the same thought patterns and change a life situation.

CHANGE is brought about by CHANGE of the 'inner' nature.

The outer patterns of our lives reflect the inner reality of our thought world.

Each thought takes form and pattern and is carried in the fine unseen network of the ether.

As a radio station transmits radio waves, so does your mind, sending out THOUGHT WAVES, with like transmitting qualities.

HOW WE THINK DETERMINES
OUR LIFE CONDITIONS...

THOUGHTS ARE REAL,

If crystalized in physical form, thought would appear more real than any physical object on the earth.

We are the creators of thought forms each moment of our lives.

These thoughts travel on vibratory waves of like frequency.

Before given shape by our minds, thought is formless and impersonal.

We give it design and reality, according to our specific nature and life-attractions.

These subtle lines of thought force attract, as a magnet, other thoughts of like nature.

Whether by influence or desire, we attract to us that which we think,

THOUGHTS ARE REAL...

THOUGHT IS NO RESPECTOR
OF GOOD OR ILL,

Thought, being impersonal,
brings to us that which we place in
being and attract to us.

We are the 'conductors'.

Thought travels faster than
the speed of light.

In fact, it travels instant-
aneously!

No thought is ever lost.

When we consider the 'waste'
and pollution in man's environment
by years of neglect, think of the
'thought pollution' existing in
our atmosphere.

CHANGE of an environmental
condition, a world condition, or a
personal situation is just a
thought away!

CHANGE OF THOUGHT.

CHANGE OF ATTITUDE.

THOUGHT IS NO RESPECTOR
OF GOOD OR ILL...

YOU CAN CHANGE YOUR THOUGHT HABITS,

Emerson said it very well:
“A man is what he thinks all day
long...”

We are “what we think all
day long.”

Our conditions are “what we
accept them to be all day long,
everyday.”

World conditions are what the
majority think “all day long”

CHANGE requires CHANGE.

If a life situation is
undesirable, and change is desired,
thought is the first requisite of
change.

If a life pattern has been realized
by way of thinking, to change that
pattern, one must change his way of
thinking.

We must change our thought
images to those we desire, discarding
those no longer of value.

YOU CAN CHANGE YOUR THOUGHT HABITS...

CREATE ABUNDANCE,

An architect blueprints an idea in the mind, then brings the design to paper, beginning the reality in 3-dimensional activity.

Why not be the conscious architect of your circumstances.

All possibilities exist.

By replacing old worn-out ideas with bright new interesting thoughts, we transform our lives.

The conscious mind of the five senses extracts the predominant thoughts given it. The subconscious mind receives these thoughts and defines the ways by which we accomplish our chosen ideals.

If we find we are 'conditioned' by habit of thought, mental effort then is required to re-condition the thought process with new form.

There is no alternative. This is a life process by which all conditions become reality for each individual.

Why not utilize this force available to you for that which you desire, rather than live in a continual 'rut' of wishing for more.

CREATE ABUNDANCE...

AN EFFECTIVE GUIDE TO
BRINGING ABOUT CHANGE OF
THOUGHT PATTERN AND NEW
CONDITIONS...

Take paper and pencil in hand,

Make a list of conditions you wish
to CHANGE in order of their
importance.

Selectively decide what new
experiences you prefer.

As you write:

1. Visualize, with anticipation,
the 'end result';
2. See the desired condition
as fulfilled in your mind's eye.
3. Sense the happy feeling
you would experience in your new
condition.
4. Picture yourself enjoying
the effects, as if it were real
in that moment. IT IS.

5. Give excitement to your picture. Emotion is the chemical that stirs new condition into activity.

6. Bring the five senses to bear upon your image. Give it color, sound, and every stimulant possible to make it more real to you.

7. See your new home.
See your new car.
Feel yourself behind the wheel.

Sense yourself on the plane
heading for a lovely vacation.

Picture your bills marked 'paid'.

Walk in 'abundance'.

Create a sense of well-
being around you.

8. Sense the change in your over-all mental and physical condition as the 'newness' takes shape before you.

9. Begin to walk and act each day with the awareness of life having changed as you have pictured

YOU HAVE BEGUN CHANGE...

ACCEPTANCE IS A KEY,

As you complete your list in order of importance, make certain you can ACCEPT these new conditions as they come.

Like planting a seed in the ground, all the elements are available at that moment to precipitate the growth of that idea. Watering and nourishing that acceptance is next in line

As you have previously given attention, though thought, to old conditions which no longer fit your desires, you now turn your attention to the 'new' conditions you wish to experience.

It is a matter of Replacement.

But you must be certain before it appears that the new is what you really want.

ACCEPTANCE IS A KEY...

REPLACEMENT IS THE NAME OF THE GAME

The conscious mind becomes quite content to play 'old records'. It will, at every opportunity, turn on the 'old record' for you at the slightest suggestion. This is 'habit'.

There will be a short while during the CHANGE from old to new form, when there will be a 'static' or in-between condition. Any CHANGE produces slight imbalance of mental activity until the 'new' is totally realized and accepted.

To change life's conditions is as difficult as moving to a new home. Attention to packing good things wished to be kept, throwing out old things which are no longer desired, and finally putting all attention on the 'new' home, leaving the 'old' behind where it belongs.

REPLACEMENT IS THE NAME OF THE GAME...

EVERYTHING GIVEN
ATTENTION MUST PERSIST IN THE
WORLD OF FORCES,

You give it life-force by
giving it attention.

Whether it be negative or
positive in nature, it does not
matter.

Never blame anyone else for
your conditions. No one can think
your thoughts.

You are the master of your own
thought processes. You are influenced
only as you choose to be influenced.

You are a Cause.

What you produce in the creative
world of thought becomes EFFECT

We live in a world of Effects.

CAUSE CHANGE and motivate new
effects in your life and the lives of
those around you.

ATTENTION CAUSES
CONDITIONS TO PERSIST IN THE
WORLD OF FORCES...

THOUGHTS ARE IN MOTION,

As all other things in life
are vibrating and in constant motion,
so are thoughts.

Each thought has its own
particular rate of vibration, its own
life-force.

That which is of the future
is vibrating within a future vibration.

That which is of the past, has
a 'past' vibration.

That which is a 'now' vibration
appears so as a 3rd dimensional
reality in our 3-dimensional world of
form in time and space.

THOUGHTS GIVEN LIFE, CREATE FORM...

THOUGHTS TAKE FORM IN TIME AND SPACE,

If the mind can accept a condition as being already 'present' though it is not as yet within physical reach, that thought and image of the condition is carried on a present vibration and begins to take form in 3-dimensional time and space. It already exists in the world of unseen forces.

If, however a person keeps seeing something as 'coming' or 'in the future', this thought is carried in the world of force in a future vibration, and will not appear as a 3-dimensional form or reality until accepted as such.

Accept the desirable condition in the 'now' of the mind. The chemicals involved in your belief can attend to its immediate manifestation in your life.

THOUGHTS TAKE FORM IN TIME AND SPACE...

THOUGHT BRINGS ABOUT
CHANGE OF FORM,

Do not keep the old conditions in existence by accepting their appearance or by attention to their 'realness'.

They disappear as you take your attention from them and place it on the 'new'.

Replacement requires change of form, from one energy to another. So, do not keep an old condition persisting by feeding it with your attention.

One does not find a new home by continually saying, "I will look for it soon."

One activates circumstances by immediate resolution.

So it is with THOUGHT.

THOUGHT BRINGS ABOUT
CHANGE OF FORM..

ANY HABIT IS DIFFICULT
TO CHANGE,

SO IT IS WITH THOUGHT
HABITS,

1. BELIEF in this process of CHANGE is the first essential.
2. DECIDE what you want most in life.
3. MAKE A LIST, with paper and pencil, of your desired conditions in order of importance.
4. DECIDE to CHANGE all that is not desirable NOW into this more preferred list of conditions.
5. DESIRE it so much that you give the same attention to the new conditions that you have so long given to the undesirable old.
6. CREATE MENTAL PICTURES of your list.
7. ATTENTION nurtures the life-force of a thought form. Emotion causes it to become more 'real' in the world of the senses.

8. Review your new desires to such extent that the old conditions lose power in your day. To the extent you do this, you will see before you the opportunities that cause the new to come into being.

9. Do not demand 'how' the new is to take form or through what channels. BELIEVE and picture it so completely, it becomes a certainty in your life.

ALL LIFE CONDITIONS ARE
DEVELOPED THIS WAY. WE SIMPLY ARE
NOT AWARE OF THE PROCESS.

IT IS SIMPLE TO HAVE WHAT
WE WANT...

SEE AND BELIEVE IT INTO
BECOMING!!!

WELCOME TO THE WORLD OF
CHANGE!!

ABOUT EVE WEIR

Eve Weir, an Author, Philosopher, Futurist, Lecturer, Syndicated Columnist, Radio Host, Musician, Medium and Clairvoyant, produced Multi-Media and educational materials presenting a practical way by which each of us may use our natural psychic tools to more effectively cope with problems, and create abundant change in all avenues of our lives.

“Mind energy is very real.
How we direct this powerful force
determines our use of the law of
compensation.

What we create, we experience.
What we imagine, we draw to us.
How we think we become.

It is essential that we learn
control and proper use of this
force, its cause and effect,
in order that we attract the
results we wish to attain.”

Eve Weir

*from “Psychic Tapestry”
“Impressions”*

POCKETBOOK OF CHANGE

by Eve Weir

*This book was originally published in 1972
and is presented here with the permission of
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